SECTION: CERTIFICATION

**SUBJECT:** Eligibility Requirement

ITEM: Women: Nutrition Assessment Requirements--

**Determining Dietary Nutrition Need** 



## **Policy**

The competent professional authority (CPA) shall assess whether a dietary nutrition need exists at each certification. The CPA shall use the information from one of the following:

- a Prenatal Nutrition Questionnaire (DHS 4063),
- the Breastfeeding/Postpartum Woman and Newborn Infant Questionnaire (DHS 4137), or
- an alternate form approved by the State WIC Branch.

## Authority for policy

7 CFR 246.7 (e)

## **Determining** need

<u>Dietary nutrition need</u> is determined by evaluating participants' nutrient intake.

## Assessment and documentation

Local agencies shall assess food intake using a 24-hour recall. If a participant's eligibility is based on a dietary risk, the local agency shall:

- document serving sizes and total number of servings for each food group on:
  - the Prenatal Nutrition Questionnaire (DHS 4063),
  - the Breastfeeding/Postpartum Woman and Newborn Infant Questionnaire (DHS 4137) or,
  - an alternate form (see WPM Section 210-50.10 for required questions),
- compare the dietary recall information to the information in the WPM Section 210-50.6 or 1000-10 to determine if a dietary indicator of nutrition need exists, and
- document identified indicator(s) of dietary nutrition need(s) in the "Other Conditions" field(s) in ISIS.

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